



# KIMBERLY CAIN

SPEAKER, PRODUCER, MUSICIAN, AUTHOR,  
CERTIFIED HIGH PERFORMANCE COACH

Master your energy.  
Ignite your life.

Kimberly Cain is an award winning songwriter/performing artist, author, producer, & human potential catalyst. A Certified High Performance Coach® & Remo Drums HealthRHYTHMS® facilitator, she is passionate about inspiring people into freedom from self-imposed boundaries.

Kimberly has opened concerts for artists such as David Bowie & Sarah McLachlan, had her music featured on Dateline NBC, been a rock radio host & produced entertainment for Dallas Cowboys. She has been on production teams for Oprah & has been the voice for hundreds of campaigns, including Amtrak, Sheraton, Southwest Airlines, & Coca-Cola. Kimberly is author of the novel, *Heaven*, a story of connecting the sensual & spiritual self. She is also a competitive slalom course water skier.

Kimberly's guidance has shifted many individuals & diverse audiences into the awareness of their power to live lives of excellence, joy, & freedom. She specializes in coaching men into their heart-centered personal power, so they can lead with courage & live with greater vitality.

Kimberly's podcast, *The Naked Vibes Show*, can be found at [NakedVibes.com](http://NakedVibes.com).

## Story & Speaking Topics Include:

- How fun, relaxation, guided conversation & connecting to nature leads to quantum leaps in personal power.
- Why it's essential for men to cultivate their intuitive guidance system, so they can effectively navigate an anxiety-driven world.
- Mastering emotions & redirecting energy to circumvent problems before they start.
- Why high performing entrepreneurs, artists, & athletes are turning to *mindfulness* to achieve mastery.
- Music & meditation expand creative thinking, problem-solving & communication skills, & promote healing in body, mind, & spirit.
- Managing stress with inner "Power Tools" to access greater energy, vitality, courage, drive, & passion.
- Why forming a solid foundation is vital for experiencing a sense of freedom, guidance, support & peace with decisions.
- How challenging the creative "edge" leads to vibrancy, better conversations, finding your "voice", & drives meaningful change.
- Deeper connection in close relationships results in better business, higher levels of creativity, & a more fulfilling life.

**Book a Keynote Speaking + Music Concert combo  
for a truly unique event experience!**



- "What Kimberly has to offer is truly transformational! Not only does she have the vision/wisdom/inspiration to encourage leaders to ignite their flame...but it is her **POWERFUL VOICE** that acts as a guiding light."  
~ **Jonathan Reece, President, PERMISSION® Skincare for Men**

- "Kimberly's intuitive guidance is **POWERFUL**. She has the ability to shift perspectives, so that previously difficult subjects & situations become suddenly simple to understand. She taps into what we all want to express, but can't on our own. Her genuine joy & happiness, her laughter, gives me the freedom to engage & push through my limitations without fear of judgment, raising my awareness in complete safety & in fun, creative ways."  
~ **Victoria DeAnda, TV Producer/Director, NBC**

- "Kimberly Cain has spoken at Career Jump-Start multiple times & each time her presentations are more valuable & creative! Her zeal for living life to the fullest & enjoying every step of your life journey is evident in her words, actions, & deeds. She inspired our group to question the norm for the purpose of arousing & elevating their creative energy & awakening the excellence of their true selves. It's difficult to motivate people in tough times, but Kimberly lifted our spirits & left our group with a valuable gift - Shift your perspectives & become the person you were meant to be! I highly recommend Kim!" ~ **Kathryn Bradford - VP Sales, NOVO 1 & Co-Founder, Career Jump Start**

- "I went to a job interview shortly after I did some exercises Kim gave me to find my energy source, to increase my clarity & ability to communicate - & I want to tell you how powerful it made me feel, how much clarity I had around the issues I'd be speaking about. I was able to express my experiences, training & expertise in a way that landed me a new position as VP & General Counsel. I can only highly recommend that you touch base with Kim, work with her, & open yourself up to a brand new experience. ~ **Todd Watson - VP/General Counsel, Marco's Franchising**

**Inquire about Keynote Speaking, Music Concerts, Group Empowerment Drumming, Coaching/Consulting, Mastermind Experiences**






## Experience Kimberly

As seen on...



### Let's Connect

-  @KimberlyCain
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-  @KimberlyBrownCain